

## Health services information and medication

We hope you will be healthy during your stay. We advise you to visit your doctor at least one month before you leave home to discuss health risks and precautions you can take to avoid illness.

If you are taking any regular medication, please ensure you have sufficient supplies to cover the length of your stay. It would be advisable to get a letter from your doctor to verify that the medication is for you and is for a specific condition. This should avoid any difficulties in Customs when you arrive. Make sure you pack some in your hand luggage as well as in your suitcase in case one piece of luggage is lost while travelling.

If you wear contact lenses it might be useful to visit the optician before you leave. Your optician might be able to advise you what solutions you can buy while you are here.

Students studying in the UK for longer than 6 months are eligible for free National Health Service (NHS) treatment. All students receive free emergency treatment.

If you are here for 6 months or longer we advise students to register with a doctor at the Banbury Road Medical Centre, which is a 15 minutes walk from college. St. Clare's also has a nurse who runs a surgery every weekday during the academic year and the summer months. The Office staff will make individual appointments for students to see a doctor if the nurse is not available.

If you are from a country within the European Economic Area (EEA) and studying at St. Clare's for less than 6 months, you will need to bring the EHIC card (European Health Insurance Card) with you from your own country. You must produce an EHIC card or passport to obtain medical treatment and to claim back any medical expenses which you have had to pay whilst you are here.

The Medical Centre charges £40.00 for a consultation with a doctor and an additional £16 if the doctor writes a prescription. If you need medicine the doctor will give you a prescription which you need to take to a chemist. You have to pay for the medicines and £8.20 for each item on the prescription.

You have to pay for dental treatment in the UK. Staff in the main office or the College Nurse can give you a list of local dentists.

The College Nurse is available in Room B17, 139 Banbury Road:  
Monday - Friday - 08.00-12.00 and 12.30-14.30 Saturday - 08.00-12.00.

### **Travel Insurance**

The St. Clare's travel insurance includes medical insurance to cover you for any medical expenses you may have to pay when you are in the UK or on one of our trips overseas. If

you are enrolling on a course for less than 6 months and you are a non-EEA resident, from a country that does not have a reciprocal medical agreement with the UK, then you will have to pay each time you go to the doctor or have hospital treatment, unless it is an emergency situation. However, you can reclaim these expenses using the travel insurance cover we provide.